

Connecting Kids To Meals

CACFP Menu November 2022 Hot (LUNCH/DINNER)

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	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	WG Grilled Beef Taco Stick 2oz (1)	WG Beef Pepperoni & Cheese Calzone 2oz (1)	Grilled Chicken Patty 2oz (1)	WG Grilled Cheese 2oz (1)
	WG Tortilla Chips 1oz (1)	WG Pretzels 1oz (1)	WG Hamburger Bun 1oz (1)	WG Flaming Hot Chips 1oz (1)
	Craisins 1/4 Cup (2oz)	Fresh Banana 1/2 Cup (1)	WG Giant Goldfish Crackers 1oz (1)	Craisins 1/4 Cup (2oz)
	Salsa Cup 1/2 Cup (2)	Green Bean 1/2 Cup (4oz)	Mandarin Oranges 1/4 Cup (2oz)	Vegetable Juice 1/2 Cup (1)
	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	Cali Vegetables 1/2 Cup (1)	Chocolate (NF) Milk 8oz (1)
			White 1% Milk 8oz (1)	
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11 Veteran's Day
Hamburger Patty 2oz (1) w/Slice Cheese (1)	Beef Walking Taco 2oz	Turkey Sandwich 2oz (1)	WG Breaded Chicken Drumstick 2oz (1)	WG Cheesy Pull Apart 2oz (1)
Hamburger Bun 1oz (1)	Shredded Cheese 1oz (1)	Mayo (1)	BBQ Sauce (1)	WG Flaming Hot Chips 1oz (1)
Ketchup & Mustard (1each)	WG Nachos Doritos 1oz (1)	WG Pretzels 1oz (1)	WG Scooby - Do Crackers 1oz (1)	Craisins 1/4 Cup (2oz)
WG Cheez - It's Cracker 1oz (1)	Craisins 1/4 Cup (2oz)	Fresh Banana 1/2 Cup (1)	Pineapple 1/4 Cup (2oz)	Vegetable Juice 1/2 Cup (1)
Pears 1/4 Cup (2oz)	Sweet Corn 1/2 Cup (4oz)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	Green Bean 1/2 Cup (4oz)	Chocolate (NF) Milk 8oz (1)
Green Bean 1/2 Cup (4oz)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	
Chocolate (NF) Milk 8oz (1)				
Monday 14	Tuesday 15	Wednesday 16	Thursday 17 Special Meal	Friday 18
Meatball 2oz (3) w/WG Hotdog Bun 1oz (1)	Omelets w/ Cheddar Cheese 2oz (1)	WG Chicken Fried Rice 6oz	Turkey Slice w/ Gravy 2oz (2)	WG Cheese Pizza 2oz (1)
Marinara Sauce 1/4 Cup (1)	WG Cheddar Goldfish Cracker 1oz (1)	Soy Sauce (1)	WG Dinner Roll 1oz (1)	WG Flaming Hot Chips 1oz (1)
WG Baked Cheetos 1oz (1)	Craisins 1/4 Cup (2oz)	WG Pretzels 1oz (1)	Corn & Green Bean Mix 1/2 Cup (4oz)	Craisins 1/4 Cup (2oz)
Mixed Fruit 1/4 Cup (2oz)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	Fresh Banana 1/2 Cup (1)	Craisins 1/4 Cup (2oz)	Vegetable Juice 1/2 Cup (1)
Carrots Sticks 1/4 Cup (1bag)	White 1% Milk 8oz (1)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
Chocolate (NF) Milk 8oz (1)		Chocolate (NF) Milk 8oz (1)		
Monday 21	Tuesday 22	Wednesday 23	Thursday 24 Thanksgiving Day	Friday 25
WG Corndogs 2oz (1)	WG Beef,Bean & Cheese Burrito 2oz (1)	Turkey Sandwich 2oz (1)	HAPPY HOLIDAY	
WG Cheddar Goldfish Cracker 1oz (1)	WG Cool Ranch Doritos 1oz (1)	Mayo (1)		
Peaches 1/4 Cup (2oz)	Craisins 1/4 Cup (2oz)	WG Pretzels 1oz (1)		
Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	Sweet Corn 1/2 Cup (4oz)	Fresh Banana 1/2 Cup (1)		
Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)		
		Chocolate (NF) Milk 8oz (1)		
Monday 28	Tuesday 29	Wednesday 30		
WG Mini Cheeseburger Sliders 2oz (1)	WG Grilled Beef Taco Stick 2oz (1)	WG Beef Pepperoni & Cheese Calzone 2oz (1)		
Ketchup & Mustard (1each)	WG Tortilla Chips 1oz (1)	WG Pretzels 1oz (1)		
WG Cheez - It's Cracker 1oz (1)	Craisins 1/4 Cup (2oz)	Fresh Banana 1/2 Cup (1)		
Pears 1/4 Cup (2oz)	Salsa Cup 1/2 Cup (2)	Green Bean 1/2 Cup (4oz)		
Green Bean 1/2 Cup (4oz)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)		
Chocolate (NF) Milk 8oz (1)				

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MENU IS SUBJECT TO CHANGE 10/17/2022