

Connecting Kids To Meals

CACFP Menu January 2023 Hot (LUNCH/DINNER)

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
HAPPY HOLIDAY	WG Grilled Beef Taco Stick 2oz (1)	Chicken Strips 2oz (2)	WG Hawaiian Sandwich 2oz (1) w/ Mayo (1)	WG Cheese Pizza 2oz (1)
	Taco Sauce (1)	Sweet & Sour (1)	Peanut Butter Cup 2oz (2)	WG Flaming Hot Chips 1oz (1)
	WG Tortilla Chips 1oz (1)	WG Bug Bites Crackers 1oz (1)	WG Pretzels 1oz (1)	Craisins 1/4 Cup (2oz)
	Craisins 1/4 Cup (2oz)	Fresh Banana 1/2 Cup (1)	Whole Fresh Apple 1/2 Cup (1)	Vegetable Juice 1/2 Cup (1)
	Sweet Corn 1/2 Cup (4oz)	Cali Vegetables 1/2 Cup (1)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	Chocolate (NF) Milk 8oz (1)
White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)		
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
WG Beef Pepperoni & Cheese Calzone 2oz (1)	Grilled Chicken Patty 2oz (1) / Mayo (1)	WG Mini Cheeseburger Sliders 2oz (1)	Hamburger Patty 2oz (1) w/ Gravy 1oz	WG Grilled Cheese 2oz (1)
Marinara Sauce 1/4 Cup (1)	WG Hamburger Bun 1oz (1)	Ketchup & Mustard (1each)	WG Dinner Roll 1oz w/ Butter (1)	WG Flaming Hot Chips 1oz (1)
WG Pretzels 1oz (1)	WG Giant Goldfish Crackers 1oz (1)	WG Cheez - It's Cracker 1oz (1)	Red Skin Potato 1/2 Cup (4oz)	Craisins 1/4 Cup (2oz)
Pears 1/4 Cup (2oz)	Craisins 1/4 Cup (2oz)	Fresh Banana 1/2 Cup (1)	Whole Fresh Apple 1/2 Cup (1)	Vegetable Juice 1/2 Cup (1)
Celery Sticks 1/4 Cup (3) w/Ranch (1)	Green Bean 1/2 Cup (4oz)	Green Bean 1/2 Cup (4oz)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)		
Monday 16 Dr. Martin Luther King JR Day	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Cheesy Bites 2oz (1)	Omelets w/ Cheddar Cheese 2oz (1)	Chicken Strips 2oz (2)	WG Hawaiian Sandwich 2oz (1) w/ Mayo (1)	WG Cheesy Pull Apart 2oz (1)
WG Tortilla Chips 1oz (1)	WG Cheddar Goldfish Cracker 1oz (1)	Sweet & Sour (1)	Peanut Butter Cup 2oz (2)	WG Flaming Hot Chips 1oz (1)
Craisins 1/4 Cup (2oz)	Craisins 1/4 Cup (2oz)	WG Blueberry & Lemon Crackers 1oz (1)	WG Pretzels 1oz (1)	Craisins 1/4 Cup (2oz)
Salsa Cup 1/4 Cup (1)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	Fresh Banana 1/2 Cup (1)	Whole Fresh Apple 1/2 Cup (1)	Vegetable Juice 1/2 Cup (1)
Celery Sticks 1/4 Cup (3) w/Ranch (1)	White 1% Milk 8oz (1)	Cali Vegetables 1/2 Cup (1)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	Chocolate (NF) Milk 8oz (1)
Chocolate (NF) Milk 8oz (1)		Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
WG Breaded Chicken Drumstick 2oz (1)	WG Beef,Bean & Cheese Burrito 2oz (1)	WG Chicken Fried Rice 6oz	Hamburger Patty 2oz (1) w/ Gravy 1oz	WG Cheese Pizza 2oz (1)
BBQ Sauce (1)	Salsa Cup 1/4 Cup (1)	Soy Sauce (1)	WG Dinner Roll 1oz w/ Butter (1)	WG Flaming Hot Chips 1oz (1)
WG Scooby - Do Crackers 1oz (1)	WG Cool Ranch Doritos 1oz (1)	WG Pretzels 1oz (1)	Red Skin Potato 1/2 Cup (4oz)	Craisins 1/4 Cup (2oz)
Pineapple 1/4 Cup (2oz)	Craisins 1/4 Cup (2oz)	Fresh Banana 1/2 Cup (1)	Whole Fresh Apple 1/2 Cup (1)	Vegetable Juice 1/2 Cup (1)
Green Bean 1/2 Cup (4oz)	Carrot Sticks 1/2 cup (1) with Ranch (1)	Carrots Sticks 1/2 Cup (2bag) w/ Ranch (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
Chocolate 1% Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)		
Monday 30	Tuesday 31			
All Beef Hotdog 2oz (1) w/Chili Sauce	Beef Walking Taco 2oz			
Hotdog Bun 1oz (1)/ Ketchup & Mustard (1each)	Shredded Cheese 1oz (1)			
WG Chili Cheese Chip 1oz (1)	WG Nachos Doritos 1oz (1)			
Applesauce 1/2 Cup (1)	Craisins 1/4 Cup (2oz)			
Celery Sticks 1/4cup (3) w/Ranch (1)	Sweet Corn 1/2 Cup (4oz)			
Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)			
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MENU IS SUBJECT TO CHANGE 12/21/2022				

CONNECTING KIDS TO MEALS

CACFP JANUARY (Snack) 2023

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	Sunday 8
WG Tortilla Chips 1oz (1)	WG Pretzel 1oz (1)	WG Cheez -It Cracker 1oz (1)	WG Scooby - Do Crackers 1oz (1)	WG Cheddar Goldfish Cracker 1oz (1)	WG Bug Bites Crackers 1oz (1)	WG Giant Goldfish Crackers 1oz (1)
Fruit Punch 6oz Box (1)	Orange Tangerin Juice 6oz Box (1)	Apple Juice 6oz Box (1)	Fruit Punch 6oz Box (1)	Fruit Cup 4oz (2)	Apple Juice 6oz Box (1)	Fruit Punch 6oz Box (1)
MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	SATURDAY 14	Sunday 15
WG President Crackers	WG Cool Ranch Doritos 1oz (1)	WG Bug Bites Crackers 1oz (1)	WG Chocolate Oatmeal Bar 1oz (1)	WG Giant Goldfish Crackers 1oz (1)	WG Cheez -It Cracker 1oz (1)	WG Scooby - Do Crackers 1oz (1)
Orange Tangerin Juice 6oz Box (1)	Fruit Punch 6oz Box (1)	Orange Tangerin Juice 6oz Box (1)	Apple Juice 6oz Box (1)	Whole Fresh Apple 1/2 Cup (1)	Orange Tangerin Juice 6oz Box (1)	Apple Juice 6oz Box (1)
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20	SATURDAY 21	Sunday 22
WG Tortilla Chips 1oz (1)	WG Pretzel 1oz (1)	WG Cheez -It Cracker 1oz (1)	WG Scooby - Do Crackers 1oz (1)	WG Cheddar Goldfish Cracker 1oz (1)	WG Bug Bites Crackers 1oz (1)	WG Giant Goldfish Crackers 1oz (1)
Fruit Punch 6oz Box (1)	Orange Tangerin Juice 6oz Box (1)	Apple Juice 6oz Box (1)	Fruit Punch 6oz Box (1)	Fruit Cup 4oz (2)	Apple Juice 6oz Box (1)	Fruit Punch 6oz Box (1)
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27	SATURDAY 28	Sunday 29
WG President Crackers	WG Cool Ranch Doritos 1oz (1)	WG Bug Bites Crackers 1oz (1)	WG Chocolate Oatmeal Bar 1oz (1)	WG Giant Goldfish Crackers 1oz (1)	WG Cheez -It Cracker 1oz (1)	WG Scooby - Do Crackers 1oz (1)
Orange Tangerin Juice 6oz Box (1)	Fruit Punch 6oz Box (1)	Orange Tangerin Juice 6oz Box (1)	Apple Juice 6oz Box (1)	Whole Fresh Apple 1/2 Cup (1)	Orange Tangerin Juice 6oz Box (1)	Apple Juice 6oz Box (1)
MONDAY 30	TUESDAY 31					
WG Tortilla Chips 1oz (1)	WG Pretzel 1oz (1)					
Fruit Punch 6oz Box (1)	Orange Tangerin Juice 6oz Box (1)					

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MENU IS SUBJECT TO CHANGE 1/4/2023