

Connecting Kids To Meals

CACFP Menu SEPTEMBER 2023 Hot (LUNCH/DINNER)

Friday 1				
				WG Grilled Cheese 2oz (1)
				WG Sun Chips Harvest Cheddar Chips 1oz (1)
				Carrots Sticks 1/2Cup (2bag) w/ Ranch (1)
				Fresh Pear 1/2 Cup (1)
				Chocolate (NF) Milk 8oz (1)
Monday 4 Labor Day	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
HAPPY HOLIDAY	Turkey Sausage 1 oz (1)	WG Chicken Fajita 2oz (1)	Meatballs 2oz (4) w/Swedish Sauce 1oz	WG Mini Cheeseburger Sliders 2oz (1)
	WG French Toast 1oz (3) w/ Syrup Cup (1)	WG Tortilla Chip	Mashead Potato 1/2Cup (1)	Ketchup & Mustard (1each)
	Celery Sticks 1/2 Cup (3) w/ Ranch Cup (1)	Cali Vegetable Mix 1/2 Cup (1) w/ Cheese 1oz	WG Giant Goldfish Crackers 1oz (1)	WG Baked Cheetos 1oz (1)
	Pear 1/4 Cup (2oz)	Whole Fresh Apple 1/2 Cup (1)	Peaches 1/4 Cup (2oz)	Carrots Sticks 1/2Cup (2bag) w/ Ranch (1)
	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Fresh Pear 1/2 Cup (1)
				Chocolate (NF) Milk 8oz (1)
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
WG Corn Dogs 2oz (1) w/Ketchup & Mustard (1each)	Meatballs 2oz (4) w/Marinara Sauce 1oz	WG Hawaiian Sandwich 2oz (1) w/ Mayo (1)	Omelets w/ Cheddar Cheese 2oz (1) /Turkey Sausage 1 oz (1)	WG Cheese Pizza 2oz (1)
WG Scooby - Do Crackers 1oz (1)	WG Hot Dog Buns 1oz (1)	String Cheese 1oz (1)	WG Biscuit 2oz (1) w/ Grape Jelly Cup (1)	WG Flaming Hot Chips 1oz (1)
Roasted Chickpeas Kettle Ranch 1/4 Cup (1)	WG Sweet & Spicy Chips 1oz (1)	WG Cheddar Goldfish Cracker 1oz (1)	Celery Sticks 1/2 Cup (3) / w Ranch Cup (1)	Carrots Sticks 1/2 Cup (2 bag) w/ Ranch (1)
Carrots Sticks 1/4 Cup (1 bag) w/ Ranch (1)	Red Skin Potato 1/2 Cup (4oz)	Roasted Chickpeas Kettle Corn 1/4 Cup (1)	Applesauce 1/2 Cup (1)	Fresh Pear 1/2 Cup (1)
Peaches 1/4 Cup (2oz)	Strawberry Sour Raisins 1/2 Cup (1)	Carrots Sticks 1/4 Cup (1 bag) w/ Ranch (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Whole Fresh Apple 1/2 Cup (1)		
		Chocolate (NF) Milk 8oz (1)		
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
WG Beef Pepperoni & Cheese Calzone 2oz (1)	Beef Walking Taco 2oz	WG Beef , Bean & Cheese Burrito 2oz (1)	WG Breaded Chicken Drumstick 2oz (1)	WG Grilled Cheese 2oz (1)
Marinara Sauce 1/4 Cup (1)	Shredded Cheese 1oz (1)	WG Pretzels 1oz (1)	Mashead Potato 1/2 Cup (1)	WG Sun Chips Harvest Cheddar Chips 1oz (1)
WG Pretzels 1oz (1)	WG White Doritos 1oz (1)	Whole Fresh Apple 1/2 Cup (1)	WG Scooby - Do Crackers 1oz	Carrots Sticks 1/2Cup (2bag) w/ Ranch (1)
Peaches 1/4 Cup (2oz)	Craisins 1/4 Cup (2oz)	Sweet Corn 1/2 Cup (4oz) w/ Red & Green Pepper 1oz	Pineapple 1/4 Cup (2oz)	Fresh Pear 1/2 Cup (1)
Green Bean 1/2 Cup (4oz) w/ Red & Green Pepper 1oz	Celery Sticks 1/2 Cup (3) w/ Ranch (1)	Chocolate (NF) Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)			
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
WG Chicken Strips 2oz (2)	Turkey Sausage 1 oz (1)	WG Fajita Chicken 2oz (1) w/Salsa Cup 1/4 Cup (1)	Meatballs 2oz (4) w/Swedish Sauce 1oz	WG Mini Cheeseburger Sliders 2oz (1)
Sweet & Sour (1)	WG French Toast 1oz (3) w/ Syrup Cup (1)	Shredded Cheese 1oz (1)	Mashead Potato 1/2Cup (1)	Ketchup & Mustard (1each)
Cali Vegetable Mix 1/2 Cup (1) w/ Cheese 1oz	Celery Sticks 1/2 Cup (3) w/ Ranch Cup (1)	WG Flour Tortilla 6" 1oz (1)	WG Giant Goldfish Crackers 1oz (1)	WG Baked Cheetos 1oz (1)
WG Giant Goldfish Crackers 1oz (1)	Pear 1/4 Cup (2oz)	Lettuce 1/4 Cup (1)	Peaches 1/4 Cup (2oz)	Potato Salad 1/2 Cup (1)
Mixed Fruit Cup 1/4 Cup (2oz)	White 1% Milk 8oz (1)	Whole Fresh Apple 1/2 Cup (1)	White 1% Milk 8oz (1)	Fresh Pear 1/2 Cup (1)
Chocolate (NF) Milk 8oz (1)		Chocolate (NF) Milk 8oz (1)		Chocolate (NF) Milk 8oz (1)
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