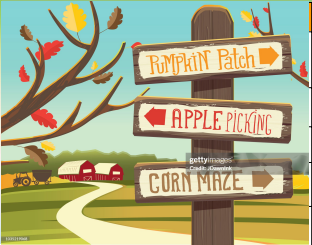


PLEASE POST MENU IS SUBJECT TO CHANGE 9/10/2025					
Connecting Kids To Meals					
CACFP Menu OCTOBER 2025 Hot (LUNCH/DINNER)					
WEEK 2			Wednesday 1	Thursday 2	Friday 3
PROTEIN (2oz)			WG Chicken Drumstick 2oz (1) w/ BBQ Sauce (1)	Salisbury Steak Patty w/Gravy 1oz (1)	Meatball Sub 2oz (3) w/ Marinara Sauce 1oz (1) & String Cheese 1oz (1)
Vegetable (1/2 cup)			Green Beans 1/2 Cup (1) Cucumber Coin 1/2 Cup (1) WG Corn bread 1oz (1) or WG Scooby - Doo Crackers 1oz (1)	Red Skin Potato 1/2 Cup (1)	Sugar snap peas 1/2 Cup (1) w/ Ranch Cup (1)
Whole Grain (1oz)			Applesauce 1/2 Cup (1) or Orange Clementine 1/2 Cup (1)	Peach 1/2 Cup (1) Orange Craisins 1oz (1)	WG Hotdog Bun 1oz (1)
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)			Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
WEEK 3	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
PROTEIN (2oz)	WG Beef ,Bean & Cheese Burrito 2oz (2)	WG Chicken Egg Roll 2oz (2) w/ WG Fried Rice & vegetable 2oz (1)	Beef Hoggie patty 2oz (1) w / BBQ sauce (1) & Slice Cheese (1)	WG Maple Turkey Pancake Wrap 2oz (1)	WG Galaxy Cheese Pizza 2oz (1)
Vegetable (1/2 cup)	Celery Stick 1/2 Cup w/ Ranch Cup (1)	Lettuce 1/2 Cup w /(Shredded Cheese garnish optional) & Ranch Cup (1)	Potato Salad 1/2 Cup (1)	Celery Stick 1/2 Cup w/ Cream Cheese 1oz (1)	Red & green peppers 1/2 Cup (1) w / Ranch Cup (1)
Whole Grain (1oz)	WG Cheez-It's Crackers 1oz (1)	WG Fortune Cookie 1oz (1)	WG Hamburger Bun 1oz (1)/WG Giant Goldfish Crackers 1oz (1)	WG Cheddar Goldfish Crackers 1oz (1)	WG Nacho Doritos 1oz (1)
Fruit (1/4c-1/2c)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)	Fresh Banana 1/2 Cup (1)	Craisins 1/2 Cup (1)	Pineapple 1/2 Cup (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
WEEK 1	Monday 13 Columbus Day	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
PROTEIN (2oz)	WG Chicken ,Turkey Pepperoni & Cheese Sandwich 2oz (1)	WG Taco Sticks 2oz (1) w/ Taco Sauce (1)	Fajita Chicken 2oz (1) w / WG Pasta Alfredo 1 oz (1)	Salisbury Steak Patty w/Gravy 1oz (1)	Beef Walking Taco Meat 2oz /Sour Cream 1oz (1) & Shredded Cheese 1oz (1)
Vegetable (1/2 cup)	Cucumbers Coins 1/2 Cup (1) w/ Ranch Cup (1)	Lettuce 1/2 Cup (1)	Broccoli 1/2 Cup (1) w/ Ranch (1)	Red Skin Potato 1/2 Cup (1)	Lettuce 1/2 Cup (1)
Whole Grain (1oz)	WG Bug Bites 1oz (1)	WG Tortilla Chip 1oz (1)	WG Breadstick 1oz (1)	WG Breadstick 1oz (1)	WG Nacho Doritos 1oz (1)
Fruit (1/4c-1/2c)	Pear 1/2 Cup (1)	Fresh Mango 1/2 Cup (1)	Craisins 1/2 cup (1)	Peach 1/2 Cup (1)	Peach 1/2 Cup (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
WEEK 2	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
PROTEIN (2oz)	Beef Hotdog 2oz (1) / w Chili Ketchup and Mustard (1each)	WG Chicken Drumstick 2oz (1) w/ BBQ Sauce (1)	Beef Taco Meat 2oz /Sour Cream 1oz (1) & Shredded Cheese 1oz (1)	WG Galaxy Cheese Pizza 2oz (1)	Meatball Sub 2oz (3) w/ Marinara Sauce 1oz (1) & String Cheese 1oz (1)
Vegetable (1/2 cup)	Cucumbers Coins 1/2 Cup (1) w/ Ranch Cup (1)	Green Beans 1/2 Cup (1)	Lettuce 1/2 Cup (1)	Lettuce 1/2 Cup (1) w Ranch Cup (1)	Sugar snap peas 1/2 Cup (1) w/ Ranch Cup (1)
Whole Grain (1oz)	WG Hotdog Bun 1oz (1) /WG Chili Cheese stick 1oz (1)	WG Corn bread 1oz (1)	WG Soft Tortilla Wrap 1oz (1) / WG Cheez-It's Crackers 1oz (1)	WG English & Spanish Crackers 1oz (1)	WG Hotdog Bun 1oz (1)
Fruit (1/4c-1/2c)	Mandarin Oranges 1/2 Cup (1)	Applesauce 1/2 Cup (1)	Mixed Fruit 1/2 Cup (1)	Orange Clementine 1/2 Cup (1)	Peach 1/2 Cup (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
WEEK 3	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
PROTEIN (2oz)	WG Beef ,Bean & Cheese Burrito 2oz (2)	WG Chicken Egg Roll 2oz (2) w/ WG Fried Rice & vegetable 2oz (1)	Beef Hoggie patty 2oz (1) w / BBQ sauce (1) & Slice Cheese (1)	WG Maple Turkey Pancake Wrap 2oz (1)	Beef Walking Taco Meat 2oz /Sour Cream 1oz (1) & Shredded Cheese 1oz (1)
Vegetable (1/2 cup)	Celery Stick 1/2 Cup w/ Ranch Cup (1)	Lettuce 1/2 Cup w /(Shredded Cheese garnish optional) & Ranch Cup (1)	Potato Salad 1/2 Cup (1)	Celery Stick 1/2 Cup w/ Cream Cheese 1oz (1)	Lettuce 1/2 Cup (1)
Whole Grain (1oz)	WG Cheez-It's Crackers 1oz (1)	WG Fortune Cookie 1oz (1)	WG Hamburger Bun 1oz (1)/WG Giant Goldfish Crackers 1oz (1)	WG Cheddar Goldfish Crackers 1oz (1)	WG Nacho Doritos 1oz (1)
Fruit (1/4c-1/2c)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)	Fresh Banana 1/2 Cup (1)	Craisins 1/2 Cup (1)	Peach 1/2 Cup (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)
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Approved 9/18/2025					