

		PLEASE POST			MENU IS SUBJECT TO CHANGE 1/9/2026	
		Connecting Kids To Meals CACFP Menu JANUARY 2026 Hot (LUNCH/DINNER)				
WEEK 1						Friday 2
PROTEIN (2oz)						WG Galaxy Cheese Pizza 2oz (1)
Vegetable (1/2 cup)						Celery Sticks 1/2 Cup (3 sticks) w/ Cream Cheese Cup (1)
Whole Grain (1oz)						WG Cool Ranch Doritos 1oz (1)
Fruit (1/4c-1/2c)						Peach 1/2 Cup (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)						Chocolate (NF) Milk 8oz (1)
WEEK 2		Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
PROTEIN (2oz)	WG Chicken Drumstick 2oz (1) w/ BBQ Sauce 1oz	WG Cheesy -Pull Apart 2oz (1) w/ Salsa Sauce 1/4 Cup (1)	Beef Walking Taco 2oz (1) w/ Taco sauce (1) / Sour Cream 1oz (1)	WG Chicken Waffle Sandwich 1oz (1) w/ Cube Cheese 1oz (1)	WG Beef Calzone 2oz (1) w/ Marinara Sauce 1oz (1)	
Vegetable (1/2 cup)	Green Bean 1/2 Cup (1)	Carrot Stick 1/4 Cup (1 bags) w/ Ranch Cup (1)	Shredded Lettuce 1/2 Cup w/ Shredded Cheese 1oz (1)	Celery Sticks 1/2 Cup (3 sticks) w/ Cream Cheese Cup (1)	Carrot Stick 1/2 Cup (2 bags) w/ Ranch Cup (1)	
Whole Grain (1oz)	WG Corn bread 1oz (1)	WG Scoop Tortilla 1oz (1)	WG Nacho Doritos 1oz (1)	WG Scooby - Doo Crackers 1oz (1)	WG Garden Sunchips 1oz (1)	
Fruit (1/4c-1/2c)	Pineapple 1/2 Cup	Mixed Fruit 1/2 Cup (1)	Pear 1/2 Cup (1)	Fresh Bananas 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)	
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	
WEEK 3		Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
PROTEIN (2oz)	WG Beef ,Bean & Cheese Burrito 2oz (2)	WG Maple Pancake Stick 1oz (1) w/ Syrup-Cup (1) / Chicken bites 1oz (1)	WG-Chicken ,Turkey ,Pepperoni & Cheese Sandwich 2oz (1) / WG Hawaian Sandwich 1oz (1) Cube Cheese 1oz (1)	WG-Orange-Chicken-2oz (1) / WG Grilled Cheese 2oz (1)	Beef Hotdog 2oz (1) / w/ Ketchup and Mustard (1each) WG Orange Chicken 2oz (1)	
Vegetable (1/2 cup)	Sweet Corn 1/2 Cup (1)	Celery Sticks 1/4 Cup (3sticks) & Carrots Sticks 1/4 Cup (1bag) w/ Cream Cheese Cup (1)	Carrot Stick 1/2 Cup (2 bags) w/ Ranch Cup (1)	Celery Sticks 1/4 Cup (1bag) & Carrots Sticks 1/2 Cup (2 bag) w/ Ranch Cup (1)	Side Salad 1/2 Cup (1) w/ Cherry Tomato 2oz (1) , Shredded Cheese 1oz (1) / Celery Sticks 1/4 Cup (1bag) & Carrots Sticks 1/4 Cup (1bag) & Ranch Cup (1)	
Whole Grain (1oz)	WG Scoop Tortilla 1oz (1)	WG Pretzel 1oz (1)	WG Honey BBQ SunChips 1oz (1)	WG Fried Rice & vegetable 2oz (1) / WG Fortune Cookie 1oz (1) / WG Giant Goldfish Crackers 1oz (1) / WG Bug Bites 1oz (1)	WG Hotdog Bun 1oz (1) /WG Chili Cheese stick 1oz (1) /WG Fried Rice & vegetable 2oz (1) / WG Fortune Cookie 1oz (1) / WG Giant Goldfish Crackers 1oz (1) /	
Fruit (1/4c-1/2c)	Pear 1/2 Cup (1)	Mixed Fruit 1/2 Cup (1)	Fresh Whole apple 1/2 Cup (1)	Peach 1/2 Cup (1) / Mixed Fruit 1/2 Cup (1)	Appleslice 1/4 Cup (1) w/ Caramel Dip 1oz (1) — Peach 1/2 Cup (1)	
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	
WEEK 1		Tuesday 20	Wednesday 21	Thursday 22		Friday 23
PROTEIN (2oz)		WG Grape P,B&J Sandwich 1oz (1) w/ Cube Cheese 1oz (1)	WG Grilled Cheese 2oz (1)			WG Galaxy Cheese Pizza 2oz (1)
Vegetable (1/2 cup)		Celery Sticks 2oz Cup (1 bag) & Carrots Sticks 2oz (1bag) w/ Ranch Cup (1)	Side Salad 1/4 Cup (1) w/ Cherry Tomato 2oz (1) , Shredded Cheese 1oz (1) & Ranch Cup (1)	Baked bean 4oz (1)		Side Salad 4 oz (1) w/ Carrot Sticks (1 bag) 2oz (1) , Shredded Cheese 1oz (1) & Ranch Cup (1)
Whole Grain (1oz)		WG Scooby - Doo Crackres 1oz (1)	WG Garden Sunchips 1oz (1)			WG Cool Ranch Doritos 1oz (1)
Fruit (1/4c-1/2c)		Watermelon Applesauce 4oz (1)	WG Hotdog Bun 1oz (1) /WG Chili Cheese stick 1oz (1)			Peach 4oz (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)		White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)		Chocolate (NF) Milk 8oz (1)
WEEK 2		Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
PROTEIN (2oz)	WG-Chicken Drumstick-2oz (1) w/ BBQ Sauce-1oz /WG Grape P,B&J Sandwich 1oz (1) w/ Cube Cheese 1oz (1)	WG Cheesy -Pull Apart 2oz (1) w/ Salsa Sauce 2oz (1)	Beef Walking Taco 2oz (1) w/ Salsa 2oz (1) / Sour Cream 1oz (1)	WG-Chicken Waffle Sandwich 1oz (1) w/ Cube Cheese 1oz (1) / Chicken Drumstick 2oz (1)		WG Beef Calzone 2oz (1) w/ Marinara Sauce 1oz (1)
Vegetable (1/2 cup)	Green Bean-4oz (1) / Celery Sticks 3oz Cup (1 bag) & Carrots Sticks 2oz (1bag) w/ Ranch Cup (1)	Carrot Stick 2oz (1 bags) w/ Ranch Cup (1)	Side Salad 4oz (1) w/ Shredded Cheese 1oz (1) /Cherry Tomato 2oz (1bag)	Celery Sticks 3oz (1bag) w/ Cream Cheese Cup (1) /Carrot Stick 2oz (1 bags)		Carrot Stick 2oz (1 bags) w/ Ranch Cup (1)
Whole Grain (1oz)	WG Corn bread 1oz (1) / WG Cheez - It's Crackers 1oz (1)	WG Scoop Tortilla 1oz (1)	WG Nacho Doritos 1oz (1)	WG Scooby - Doo Crackers 1oz (1) / WG Cornbread 1oz (1)		WG Garden Sunchips 1oz (1)
Fruit (1/4c-1/2c)	Pineapple 4oz (1)	Mixed Fruit 4oz (1)	Pear 4oz (1)	Fresh Bananas 4oz (1) / Peach 4oz (1)		Mandarin Oranges 4oz (1)
Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)	Chocolate (NF) Milk 8oz (1)	White 1% Milk 8oz (1)		Chocolate (NF) Milk 8oz (1)

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