

PLEASE POST MENU IS SUBJECT TO CHANGE 4/28/2026

Connecting Kids To Meals

CACFP May Menu 2026 Hot (LUNCH/DINNER)

WEEK 1					
PROTEIN (2oz)	Friday 1 WG Breaded Chicken Tenders 2oz (2) w/ Sweet and Sour Sauce Packet (1)				
Vegetable (1/2 cup)	Shredded Lettuce 4oz (1) & Cherry Tomato 2oz (1) w/ Shredded Cheese Garnish (1) w/ Italian Dressing (1)				
Whole Grain (1oz)	WG Cheddar Sunchips 1oz (1)				
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Cinnamon Applesauce Cup 4oz (1) Unsweetened Applesauce Cup 4oz (1) White 1% Milk 8oz (1)				
WEEK 2	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
PROTEIN (2oz)	Beef Hot Dog 2oz (1) w/ Bun (1) and Ketchup & Mustard (1 each)	Fajita Chicken 4oz (1) w/ Shredded Cheese Garnish (1)	WG Turkey Pepperoni and Cheese Pizza 2oz (1)	WG Chicken Sausage and Cheese Stuffed Waffle 1oz (1) w/ String Cheese 1oz (1)	WG Beef, Bean, and Cheese Burrito 2oz (1)
Vegetable (1/2 cup)	Potato Salad 4oz (1)	Guacamole 2oz (1) & Salsa Cup 2oz (1)	Broccoli 4oz (1) w/ Ranch Cup (1)	Carrot Sticks 4oz (2) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Cherry Tomatoes 2oz (1) w/ Salsa Cup 2oz (1)
Whole Grain (1oz)	WG Cool Ranch Doritos 1oz (1)	WG Tortilla Chips 1oz (1)	WG Cheddar Goldfish 1oz (1)	WG Scooby-Doo Crackers 1oz (1)	WG Garden Salsa Sunchips 1oz (1)
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Mandarin Orange Fruit Cup 4oz (1) White 1% Milk 8oz (1)	Mixed Fruit Cup 4oz (1) White 1% Milk 8oz (1)	Fresh Banana 4oz (1) White 1% Milk 8oz (1)	Pineapple Fruit Cup 4oz (1) White 1% Milk 8oz (1)	Peach Fruit Cup 4oz (1) White 1% Milk 8oz (1)
WEEK 3	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
PROTEIN (2oz)	Chicken Drumstick 2oz (1) w/ BBQ Sauce Packet (1)	WG Grape PBJ 1oz (1) w/ String Cheese 1oz (1)	Beef Walking Taco 2oz (1) w/ Salsa 2oz (1) / Sour Cream (1)	WG Cheese Pull-Apart	WG Breaded Dill Fillets 2oz (1) w/ Chicken Sauce cup (1)
Vegetable (1/2 cup)	Broccoli 4oz (1) w/ Ranch cup (1)	Cherry Tomato 2oz (1) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Shredded Lettuce 4oz (1) w/ Shredded Cheese Garnish (1)	Carrot Sticks 4oz (2 Bags) w/ Ranch Cup (1)	Pickel Spears (1) w/ Broccoli 4oz (1) WG Hamburger Bun 1oz (1) w/ WG Honey BBQ Sunchips 1oz (1)
Whole Grain (1oz)	WG Cornbread 1oz (1)	WG Pretzel Goldfish 1oz (1)	WG Nacho Doritos 1oz (1)	WG Cheese Its 1oz (1)	
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Pear Fruit Cup 4oz (1) White 1% Milk 8oz (1)	Mandarin Orange Fruit Cup 4oz (1) White 1% Milk 8oz (1)	Fresh Whole Apple 4oz (1) White 1% Milk 8oz (1)	Apple Slices 2oz (1) White 1% Milk 8oz (1)	Mixed Fruit Cup 4oz (1) White 1% Milk 8oz (1)
WEEK 1	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
PROTEIN (2oz)	WG Chicken Egg Rolls 2oz (2) w/ Sweet and Sour Sauce Packet (1)	Beef Hamburger Patty 2oz (1) w/ Cheese Slice (1) & Ketchup and Mustard (1 each)	WG Chicken Pancake Wrap 1oz (1) w/ String Cheese 1oz (1)	Hawaiian Turkey and Cheese on a WG Bun 1oz (1) w/ String Cheese 1oz (1)	WG Breaded Chicken Tenders 2oz (2) w/ Sweet and Sour Sauce Packet (1)
Vegetable (1/2 cup)	Carrot Sticks 4oz (2 Bags) w/ Ranch Cup (1)	Broccoli 4oz (1) w/ Ranch cup (1)	Vegetable Juice 4oz (1)	Carrot Sticks 2oz (1) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Shredded Lettuce 4oz (1) & Cherry Tomato 2oz (1) w/ Shredded Cheese Garnish (1) w/ Italian Dressing (1)
Whole Grain (1oz)	WG Giant Vanilla Goldfish 1oz (1)	WG Nacho Doritos 1oz (1) w/ WG Bun 1oz (1)	WG English and Spanish Crackers 1oz (1)	WG Ranch Snack Sticks 1oz (1)	WG Cheddar Sunchips 1oz (1)
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Pineapple Cup 4oz (1) White 1% Milk 8oz (1)	Peach Fruit cup 4oz (1) White 1% Milk 8oz (1)	Fresh Whole Apple 4oz (1) White 1% Milk 8oz (1)	Pear Fruit Cup 4oz (1) White 1% Milk 8oz (1)	Cinnamon Applesauce Cup 4oz (1) Unsweetened Applesauce Cup 4oz (1) White 1% Milk 8oz (1)
WEEK 2					
PROTEIN (2oz)	Tuesday 26 Fajita Chicken 4oz (1) w/ Shredded Cheese Garnish (1)				
Vegetable (1/2 cup)	Wednesday 27 WG Turkey Pepperoni and Cheese Pizza 2oz (1)				
Whole Grain (1oz)	Thursday 28 WG Chicken Sausage and Cheese Stuffed Waffle 1oz (1) w/ String Cheese 1oz (1)				
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Friday 29 WG Beef, Bean, and Cheese Burrito 2oz (1) w/ Grilled Cheese Sandwich 2oz (1)				

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