

PLEASE POST MENU IS SUBJECT TO CHANGE 4/28/2026

Connecting Kids To Meals

CACFP May Menu 2026 Hot (LUNCH/DINNER)

WEEK 1	CACFP May Menu 2026 Hot (LUNCH/DINNER)					Friday 1
						
PROTEIN (2oz)						WG Breaded Chicken Tenders 2oz (2) w/ Sweet and Sour Sauce Packet (1)
Vegetable (1/2 cup)						Shredded Lettuce 4oz (1) & Cherry Tomato 2oz (1) w/ Shredded Cheese Garnish (1) w/ Italian Dressing (1)
Whole Grain (1oz)						WG Cheddar Sunchips 1oz (1)
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)						Cinnamon Applesauce Cup 4oz (1) Unsweetened Applesauce Cup 4oz (1)
						White 1% Milk 8oz (1)
WEEK 2	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	
PROTEIN (2oz)	Beef Hot Dog 2oz (1) w/ Bun (1) and Ketchup & Mustard (1 each)	Fajita Chicken 4oz (1) w/ Shredded Cheese Garnish (1)	WG Turkey Pepperoni and Cheese Pizza 2oz (1)	WG Chicken Sausage and Cheese Stuffed Waffle 1oz (1) w/ String Cheese 1oz (1)	WG Beef, Bean, and Cheese Burrito 2oz (1)	
Vegetable (1/2 cup)	Potato Salad 4oz (1)	Guacamole 2oz (1) & Salsa Cup 2oz (1)	Broccoli 4oz (1) w/ Ranch Cup (1)	Carrot Sticks 4oz (2) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Cherry Tomatoes 2oz (1) w/ Salsa Cup 2oz (1)	
Whole Grain (1oz)	WG Cool Ranch Doritos 1oz (1)	WG Tortilla Chips 1oz (1)	WG Cheddar Goldfish 1oz (1)	WG Scooby-Doo Crackers 1oz (1)	WG Garden Salsa Sunchips 1oz (1)	
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Mandarin Orange Fruit Cup 4oz (1)	Mixed Fruit Cup 4oz (1)	Fresh Banana 4oz (1)	Pineapple Fruit Cup 4oz (1)	Peach Fruit Cup 4oz (1)	
	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	
WEEK 3	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	
PROTEIN (2oz)	Chicken Drumstick 2oz (1) w/ BBQ Sauce Packet (1)	WG Grape PBJ 1oz (1) w/ String Cheese 1oz (1)	Beef Walking Taco 2oz (1) w/ Salsa 2oz (1) / Sour Cream (1)	WG Cheese Pull-Apart	WG Breaded Dill Fillels 2oz (1) w/ Chicken Sauce cup (1)	
Vegetable (1/2 cup)	Broccoli 4oz (1) w/ Ranch cup (1)	Cherry Tomato 2oz (1) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Shredded Lettuce 4oz (1) w/ Shredded Cheese Garnish (1)	Carrot Sticks 4oz (2) w/ Ranch Cup (1)	Pickel Spears (1) w/ Broccoli 4oz (1)	
Whole Grain (1oz)	WG Cornbread 1oz (1)	WG Pretzel Goldfish 1oz (1)	WG Nacho Doritos 1oz (1)	WG Cheese Its 1oz (1)	WG Hamburger Bun 1oz (1) w/ WG Honey BBQ Sunchips 1oz (1)	
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Pear Fruit Cup 4oz (1)	Mandarin Orange Fruit Cup 4oz (1)	Fresh Whole Apple 4oz (1)	Apple Slices 2oz (1)	Mixed Fruit Cup 4oz (1)	
	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	
WEEK 4	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	
PROTEIN (2oz)	WG Chicken Egg Rolls 2oz (2) w/ Sweet and Sour Sauce Packet (1)	Beef Hamburger Patty 2oz (1) w/ Cheese Slice (1) & Ketchup and Mustard (1 each)	WG Chicken Pancake Wrap 1oz (1) w/ String Cheese 1oz (1)	Hawaiian Turkey and Cheese on a WG Bun 1oz (1) w/ String Cheese 1oz (1)	WG Breaded Chicken Tenders 2oz (2) w/ Sweet and Sour Sauce Packet (1)	
Vegetable (1/2 cup)	Carrot Sticks 4oz (2 Bags) w/ Ranch Cup (1)	Broccoli 4oz (1) w/ Ranch cup (1)	Vegetable Juice 4oz (1)	Carrot Sticks 2oz (1) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Shredded Lettuce 4oz (1) & Cherry Tomato 2oz (1) w/ Shredded Cheese Garnish (1) w/ Italian Dressing (1)	
Whole Grain (1oz)	WG Giant Vanilla Goldfish 1oz (1)	WG Nacho Doritos 1oz (1) w/ WG Bun 1oz (1)	WG English and Spanish Crackers 1oz (1)	WG Ranch Snack Sticks 1oz (1)	WG Cheddar Sunchips 1oz (1)	
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	Pineapple Cup 4oz (1)	Peach Fruit cup 4oz (1)	Fresh Whole Apple 4oz (1)	Pear Fruit Cup 4oz (1)	Cinnamon Applesauce Cup 4oz (1) Unsweetened Applesauce Cup 4oz (1)	
	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	
WEEK 5	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	
PROTEIN (2oz)						
Vegetable (1/2 cup)		Fajita Chicken 4oz (1) w/ Shredded Cheese Garnish (1)	WG Turkey Pepperoni and Cheese Pizza 2oz (1)	WG Chicken Sausage and Cheese Stuffed Waffle 1oz (1) w/ String Cheese 1oz (1)	WG Beef, Bean, and Cheese Burrito 2oz (1) w/ Grilled Cheese Sandwich 2oz (1)	
Whole Grain (1oz)		Guacamole 2oz (1) & Salsa Cup 2oz (1)	Broccoli 4oz (1) w/ Ranch cup (1)	Carrot Sticks 2oz (1) & Celery Sticks 3oz (1) w/ Ranch Cup (1)	Cherry Tomatoes 2oz (1) w/ Salsa Cup 2oz (1)	
Fruit (1/4c-1/2c) Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)		WG Tortilla Chips 1oz (1)	WG Cheddar Goldfish 1oz (1)	WG Scooby-Doo Crackers 1oz (1)	WG Garden Salsa Sunchips 1oz (1)	
		Mixed Fruit Cup 4oz (1)	Fresh Banana 4oz (1)	Pineapple Fruit Cup 4oz (1)	Peach Fruit Cup 4oz (1)	
		White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	

In accordance with federal civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident

PLEASE POST MENU IS SUBJECT TO CHANGE 5/1/2026

Connecting Kids To Meals

CACFP May Allergy Menu 2026 Hot (LUNCH/DINNER)

WEEK 1					
PROTEIN (2oz)					
Vegetable (1/2cup)					WG Breaded-Chicken-Tenders 2oz(2) Grilled Chicken Patty 2oz (1)w/ Sweet & Sour Sauce Packet (1)
Whole Grain (1oz)					Shredded Lettuce 4oz (1) & Cherry Tomato 2oz (1) w/ Italian Dressing (1)
Fruit (1/4c-1/2c)					WG Honey BBQ Sunchips 1oz (1)
Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)					Cinnamon-Applesauce-Cup-4oz (1) Unsweetened Applesauce Cup 4oz (1) Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)
WEEK 2	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
PROTEIN (2oz)	Beef Hot Dog 2oz (1) w/ Ketchup & Mustard (1 each)	Fajita-Chicken -4oz(1) Grilled Chicken Patty 2oz (1)	Beef Hamburger Patty 2oz (1) w/ BBQ Sauce Packet (1)	Turkey Sausage Links 2oz (2) w/ Syrup Cup (1)	Grilled Chicken Patty 2oz (1)
Vegetable (1/2 cup)	Potato Salad 4oz (1)	Guacamole 2oz (1) & Lettuce 4oz (1) Salsa Cup 2oz (1)	Broccoli 4oz (1)	Carrot Sticks 4oz (2) & Celery Sticks 3oz(1)	Cherry Tomatoes 2oz (1) w/ Salsa Cup 2oz (1)
Whole Grain (1oz)	WG Heartzels 1oz (1)	WG Tortilla Chips 1oz (1)	WG English and Spanish Crackers 1oz (1) or WG Honey BBQ Sunchips 1oz (1)	WG Scooby-Doo Crackers 1oz (1) or WG Heartzel Pretzels 1oz (1)	WG Honey BBQ Sunchips 1oz (1)
Fruit (1/4c-1/2c)	Mandarin-Orange-Fruit-Cup-4oz(1) Pear Fruit Cup 4oz (1)	Mixed Fruit Cup 4oz (1)	Fresh Banana 4oz (1)	Pineapple Fruit Cup 4oz (1)	Peach Fruit Cup 4oz (1)
Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)
WEEK 3	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
PROTEIN (2oz)	Chicken Drumstick 2oz (1) w/ BBQ Sauce Packet (1)	WG EZ Grape Jammer 1oz (1) & Beef Fast Fuel 1oz (2) OR Hummus 1oz (1) & Beef Fast Fuel 1oz (2)	Beef Hamburger Patty 2oz (1) w/ Salsa 2oz (1)	WG EZ Grape Jammer 1oz (1) & Beef Fast Fuel 1oz (2) OR Hummus 1oz (1) & Beef Fast Fuel 1oz (2)	Grilled Chicken Patty 2oz (1) w/ Chicken Sauce cup (1)
Vegetable (1/2 cup)	Broccoli 4oz (1)	Cherry Tomato 2oz (1) & Celery Sticks 3oz (1)	Shredded Lettuce 4oz (1)	Carrot Sticks 4oz (2 Bags)	Pickel Spears (1) w/ Broccoli 4oz (1)
Whole Grain (1oz)	WG English and Spanish Crackers 1oz (1) or WG Tortilla Chips 1oz (1)	WG Heartzels 1oz (1)	WG Tortilla Chips 1oz (1)	WG Heartzels 1oz (1)	WG Honey BBQ Sunchips 1oz (1)
Fruit (1/4c-1/2c)	Pear Fruit Cup 4oz (1)	Mandarin Orange Fruit Cup 4oz (1)	Fresh Whole Apple 4oz (1)	Apple Slices 2oz (1)	Mixed Fruit Cup 4oz (1)
Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)
WEEK 1	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
PROTEIN (2oz)	Grilled Chicken Patty 2oz (1) w/ Sweet and Sour Sauce Packet (1)	Beef Hamburger Patty 2oz (1) w/ Ketchup and Mustard (1 each)	Turkey Sausage Links 2oz (2) w/ Syrup Cup (1)	WG EZ Grape Jammer 1oz (1) & Beef Fast Fuel 1oz (2) OR Hummus 1oz (1) & Beef Fast Fuel 1oz (2)	WG Breaded-Chicken-Tenders 2oz (2) Grilled Chicken Patty 2oz (1) w/ Sweet & Sour Sauce Packet (1)
Vegetable (1/2 cup)	Carrot Sticks 4oz (2 Bags)	Broccoli 4oz (1)	Vegetable Juice 4oz (1)	Carrot Sticks 2oz (1) & Celery Sticks 3oz (1)	Shredded Lettuce 4oz (1) & Cherry Tomato 2oz (1) w/ Italian Dressing (1)
Whole Grain (1oz)	WG Giant Vanilla Goldfish 1oz (1) or WG Heartzel Pretzels 1oz (1)	WG Tortilla Chips 1oz (1)	WG English and Spanish Crackers 1oz (1) or WG Honey BBQ Sunchips 1oz (1)	WG Heartzels 1oz (1)	WG Honey BBQ Sunchips 1oz (1)
Fruit (1/4c-1/2c)	Pineapple Cup 4oz (1)	Peach Fruit Cup 4oz (1)	Fresh Whole Apple 4oz (1)	Pear Fruit Cup 4oz (1)	Cinnamon-Applesauce-Cup-4oz(1) Watermelon Applesauce Cup 4oz (1)
Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)	Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)
WEEK 2	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
PROTEIN (2oz)					
Vegetable (1/2 cup)					Cherry Tomatoes 2oz (1) w/ Salsa Cup 2oz (1)
Whole Grain (1oz)					WG Tortilla Chips 1oz (1)
Fruit (1/4c-1/2c)					Peach Fruit Cup 4oz (1)
Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)					Lactose Free White 1% Milk 8oz (1) or White 1% Milk 8oz (1)

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Disclaimer: While some dressing/sauce packets do not list soy as an allergen, some do list soybean oil as an ingredient. All dressing/sauce packets provided for lunches are not required to complete a meal, so use at your own risk. Ingredients are listed on the packages. 4/17/26

PLEASE POST MENU IS SUBJECT TO CHANGE 5/5/2026

CONNECTING KIDS TO MEALS
CACFP MAY (Snack) 2026

Week 1									FRIDAY 1
Whole Grain 1oz (1)									WG Annie Honey Bunnies 1oz (1)
Vegetable / Fruit 3/4 Cup									Apple Juice 6oz Box (1)
Week 2	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8				
Whole Grain 1oz (1)	WG Granola 1oz (1)	WG Simply Chex Chocolate Caramel 1oz (1)	WG Granola 1oz (1)	WG Simply Chex Strawberry 1oz (1)	WG Cheddar Goldfish 1oz (1)				
Vegetable / Fruit 3/4 Cup	Vanilla Yogurt 4oz (1)	Fruit Punch 6oz Box (1)	Strawberry Yogurt 4oz (1) Mixed Fruit Cup 4oz (1) w/ Crasins 4oz (1)	Orange Tangerine 6oz Box (1)	Apple Juice 6oz Box (1)				
Week 1	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15				
Whole Grain 1oz (1)	WG Granola 1oz (1) WG English & Spanish Crackers 1oz (1)	WG Cool Ranch Doritos 1oz (1)	WG Granola 1oz (1) WG Cheez-It Crackers 1oz (1)	WG Simply Chex Cheddar 1oz (1)	WG Annie Honey Bunnies 1oz (1)				
Vegetable / Fruit 3/4 Cup	Strawberry Yogurt 4oz (1) Watermelon Applesauce 4oz (1) w/ Crasins 4oz (1)	Fruit Punch 6oz Box (1)	Vanilla Yogurt 4oz (1) Cinnamon Applesauce 4oz (1) w/ Crasins 4oz (1)	Orange Tangerine 6oz Box (1)	Apple Juice 6oz Box (1)				
Week 2	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22				
Whole Grain 1oz (1)	WG Granola 1oz (1) WG Cheez-It Crackers 1oz (1)	WG Simply Chex Chocolate Caramel 1oz (1)	WG Granola 1oz (1) WG English & Spanish Crackers 1oz (1)	WG Simply Chex Strawberry 1oz (1)	WG Cheddar Goldfish 1oz (1)				
Vegetable / Fruit 3/4 Cup	Vanilla Yogurt 4oz (1) Cinnamon Applesauce 4oz (1) w/ Crasins 4oz (1)	Fruit Punch 6oz Box (1)	Strawberry Yogurt 4oz (1) Watermelon Applesauce 4oz (1) w/ Crasins 4oz (1)	Orange Tangerine 6oz Box (1)	Apple Juice 6oz Box (1)				
Week 1	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29				
Whole Grain 1oz (1)	WG Granola 1oz (1) WG English & Spanish Crackers 1oz (1)	WG Cool Ranch Doritos 1oz (1)	WG Granola 1oz (1) WG Cheez-It Crackers 1oz (1)	WG Simply Chex Cheddar 1oz (1)	WG Annie Honey Bunnies 1oz (1)				
Vegetable / Fruit 3/4 Cup	Strawberry Yogurt 4oz (1) Watermelon Applesauce 4oz (1) w/ Crasins 4oz (1)	Fruit Punch 6oz Box (1)	Vanilla Yogurt 4oz (1) Cinnamon Applesauce 4oz (1) w/ Crasins 4oz (1)	Orange Tangerine 6oz Box (1)	Apple Juice 6oz Box (1)				

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