

PLEASE POST MENU IS SUBJECT TO CHANGE 6/24/2026

CONNECTING KIDS TO MEALS

SFSP JULY (BREAKFAST) 2026

WEEK 1						WEDNESDAY 1	THURSDAY 2	FRIDAY 3
Whole Grain 1 oz (1) or Protein 1oz (1)						WG Cinnamon Chex Cereal 1oz (1)	WG Cereal Trix Bar 2oz (1)	WG Chocolate Cocoa Puff Cereal 1oz (1)
Fruit 1/2 Cup (1)						Watermelon Applesauce 1/2 Cup (1)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)
White 1% Milk						White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8 oz (1)
WEEK 2	MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10			
Whole Grain 1 oz (1) or Protein 1oz (1)	WG Nature Valley Apple Cinnamon Oat Round 2oz (1)	WG Frosted Mini Wheat Cereal 1oz (1)	WG Cereal Trix Bar 2oz (1)	WG Chocolate Cocoa Puff Cereal 1oz (1)	WG Cinnamon Chex Cereal 1oz (1)			
Fruit 1/2 Cup (1)	Mixed Fruit 1/2 Cup (1)	Strawberry Banana Applesauce 1/2 Cup (1)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)	Watermelon Applesauce 1/2 Cup (1)			
White 1% Milk	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)			
WEEK 1	MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17			
Whole Grain 1 oz (1) or Protein 1oz (1)	WG Frosted Mini Wheat Cereal 1oz (1)	WG Nature Valley Apple Cinnamon Oat Round 2oz (1)	WG Cinnamon Chex Cereal 1oz (1)	WG Cereal Trix Bar 2oz (1)	WG Chocolate Cocoa Puff Cereal 1oz (1)			
Fruit 1/2 Cup (1)	Strawberry Banana Applesauce 1/2 Cup (1)	Mixed Fruit 1/2 Cup (1)	Watermelon Applesauce 1/2 Cup (1)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)			
White 1% Milk	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)			
WEEK 2	MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24			
Whole Grain 1 oz (1) or Protein 1oz (1)	WG Nature Valley Apple Cinnamon Oat Round 2oz (1)	WG Frosted Mini Wheat Cereal 1oz (1)	WG Cereal Trix Bar 2oz (1)	WG Chocolate Cocoa Puff Cereal 1oz (1)	WG Cinnamon Chex Cereal 1oz (1)			
Fruit 1/2 Cup (1)	Mixed Fruit 1/2 Cup (1)	Strawberry Banana Applesauce 1/2 Cup (1)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)	Watermelon Applesauce 1/2 Cup (1)			
White 1% Milk	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)			
WEEK 1	MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31			
Whole Grain 1 oz (1) or Protein 1oz (1)	WG Frosted Mini Wheat Cereal 1oz (1)	WG Nature Valley Apple Cinnamon Oat Round 2oz (1)	WG Cinnamon Chex Cereal 1oz (1)	WG Cereal Trix Bar 2oz (1)	WG Chocolate Cocoa Puff Cereal 1oz (1)			
Fruit 1/2 Cup (1)	Strawberry Banana Applesauce 1/2 Cup (1)	Mixed Fruit 1/2 Cup (1)	Watermelon Applesauce 1/2 Cup (1)	Pear 1/2 Cup (1)	Mandarin Oranges 1/2 Cup (1)			
White 1% Milk	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)	White 1% Milk 8oz (1)			

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PLEASE POST MENU IS SUBJECT TO CHANGE 6/25/26

Connecting Kids To Meals

SFSP Menu JULY 2026 Hot (LUNCH/DINNER)

WEEK 2		Tuesday		Wednesday 1		Thursday 2		Friday 3			
	PROTEIN (2oz)				WG Cheeseburger Sliders 2oz (1) w/ Ketchup and Mustard (1 each)		WG Chicken, Turkey Sausage, Egg, & Cheese Egg Roll 1oz (1) w/ Syrup Cup (1) & Gochujang Sauce Packet (1) w/ String Cheese 1oz (1)		WG Breaded Chicken Tenders 2oz (2) w/ BBQ Sauce Packet (1)		
	Vegetable (1/4 cup) or Fruit (1/2 Cup)				Carrot Sticks 2oz (1) or Broccoli 4oz (1) w/ Ranch Cup (1)		Celery Sticks 2oz (3 Sticks) w/ Peanut Butter Cup (1)		Carrot Sticks 2oz (1) w/ Ranch Cup (1)		
	Whole Grain (1oz)				WG Nacho Doritos 1oz (1)		WG Cinnamon Scooby-Doo Crackers 1oz (1)		WG Honey BBQ Sunchips 1oz (1)		
	Fruit (3/4 or 1/2c [1])				Apple Slices 2oz (1) w/ Crasins 4oz (1)		Pear Fruit Cup 4oz (1)		Grapes 2oz (1) & Watermelon Crasins 4oz (1)		
WEEK 3		Monday 6		Tuesday 7		Wednesday 8		Thursday 9		Friday 10	
	PROTEIN (2oz)	BBQ Beef Hamburger Patty 2oz (1)		WG Chicken, Turkey-Pepperoni and Cheese-Sub-2oz-(4) WG Italian Combo 2oz (1)		WG Chicken and Cheese Empanada 1oz (1) & String Cheese 1oz (1) w/ Hot Sauce Packet (1)		WG Breaded Chicken Dill Fillets 2oz (1) w/ Chicken Sauce cup (1)		WG Chicken Egg Roll 2oz (2) w/ Sweet and Sour Sauce (1)	
	Vegetable (1/4 cup) or Fruit (1/2 Cup)	Carrot Sticks 2oz (1) OR Celery 2oz (3 Sticks) w/ Ranch Cup (1)		Broccoli 4oz (1) w/ Ranch Cup (1)		Salsa Cup 2oz (1) & Guacamole 2oz (1)		Pickel Spears (1) w/ Cherry-Tomato-2oz-(4) Carrot Sticks 2oz (1) w/-Raneh-Cup-(4)		Celery Sticks 2oz (3 sticks) w/ Ranch Cup (1)	
	Whole Grain (1oz)	WG Hamburger Bun 1oz (1) w/ WG Flaming Hot Baked Cheetos 1oz (1)		WG Pretzel Goldfish 1oz (1)		WG Tortilla Chips 1oz (1)		WG Hamburger Bun 1oz (1) w/ WG Garden Salsa Sunchips 1oz (1)		WG Giant Vanilla Goldfish 1oz (1)	
	Fruit (3/4 or 1/2c [1])	Mixed Fruit Cup 4oz (1)		Grapes 2oz (1)		Fresh Petite Banana 4oz (1)		Peach Fruit Cup 4oz (1)		Raspberry Crasins 4oz (1)	
	Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)	
WEEK 1		Monday 13		Tuesday 14		Wednesday 15		Thursday 16		Friday 17	
	PROTEIN (2oz)	WG Egg and Turkey Sausage Pizza Bagel 1oz (1) w/String Cheese 1oz (1)		Veggie Burger 2oz (1) OR Beef Hamburger Patty 2oz (1) w/ Sliced Cheese (1) & Ketchup and Mustard (1 each)		Chicken Drumstick 2oz (1) w/ BBQ Sauce Packet (1)		WG Turkey-Pepperoni and Cheese Pizza 2oz (1)		Beef Walking Taco 2oz (1) w/ Shredded Cheese Garnish (1)	
	Vegetable (1/4 cup) or Fruit (1/2 Cup)	Celery Sticks 2oz (3 Sticks or 1 Bag) w/ Peanut Butter Cup (1)		Salsa Cup 2oz (1) & Guacamole 2oz (1)		Potato Salad 4oz (1)		Broccoli or Celery or Carrot Sticks 2oz (1) w/ Ranch Cup (1)		Shredded Lettuce 4oz (1) & Salsa 2oz (1) w/ Sour Cream (1)	
	Whole Grain (1oz)	WG Cinnamon Scooby-Doo Crackers 1oz (1)		WG Hamburger Bun 1oz (1) & WG Tortilla Chips 1oz (1)		WG Cornbread 1oz (1)		WG Pretzel Goldfish 1oz (1)		WG Nacho Doritos 1oz (1)	
	Fruit (3/4 or 1/2c [1])	Orange-Crasins-4oz-(4) Strawberry Crasins 4oz (1)		Strawberry Banana Applesauce 4oz (1)		Fresh Whole Apple 4oz (1)		Cherry Applesauce 4oz (1)		Mixed Fruit Cup 4oz (1)	
	Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)	
WEEK 2		Monday 20		Tuesday 21		Wednesday 22		Thursday 23		Friday 24	
	PROTEIN (2oz)	Beef Pretzel Dog 2oz (1) w/ Ketchup and Mustard (1 each)		WG Grape PBJ 1oz (1) w/ String Cheese 1oz (1)		WG Cheeseburger Sliders 2oz (1) w/ Ketchup and Mustard (1 each)		WG Chicken, Turkey Sausage, Egg, & Cheese Egg Roll 1oz (1) w/ Syrup Cup (1) & Gochujang Sauce Packet (1) w/ String Cheese 1oz (1)		WG Breaded Chicken Tenders 2oz (2) w/ BBQ Sauce Packet (1)	
	Vegetable (1/4 cup) or Fruit (1/2 Cup)	Broccoli 4oz (1) w/ Ranch cup (1)		Tree Top Dried Strawberry Apples 4oz (1)		Carrot Sticks 2oz (1) w/ Ranch Cup (1)		Celery Sticks 2oz (3 Sticks) w/ Peanut Butter Cup (1)		Carrot Sticks 2oz (1) w/ Ranch Cup (1)	
	Whole Grain (1oz)	WG Cool Ranch Doritos 1oz (1)		WG Cheddar Sunchips 1oz (1)		WG Nacho Doritos 1oz (1)		WG Cinnamon Scooby-Doo Crackers 1oz (1)		WG Baked Cheese Cheetos 1oz (1)	
	Fruit (3/4 or 1/2c [1])	Dried Pineapple 4oz (1)		Peach Fruit Cup 4oz (1)		Apple Slices 2oz (1) w/ Watermelon Crasins 4oz (1)		Pear Fruit Cup 4oz (1)		Grapes 2oz (1) & Watermelon Crasins 4oz (1)	
	Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)	
WEEK 3		Monday 27		Tuesday 28		Wednesday 29		Thursday 30		Friday 31	
	PROTEIN (2oz)	BBQ Beef Rib 2oz (1)		WG Chicken, Turkey-Pepperoni and Cheese Sub 2oz (1)		WG Chicken and Cheese Empanada 1oz (1) & String Cheese 1oz (1) w/ Hot Sauce Packet (1)		WG Breaded Chicken Dill Fillets 2oz (1) w/ Chicken Sauce cup (1)		WG Chicken Egg Roll 2oz (2) w/ Sweet and Sour Sauce (1)	
	Vegetable (1/4 cup) or Fruit (1/2 Cup)	Carrot Sticks 2oz (1) w/ Ranch Cup (1)		Broccoli 4oz (1) w/ Ranch Cup (1)		Salsa Cup 2oz (1) & Guacamole 2oz (1)		Pickel Spears (1) w/ Cherry Tomato 2oz (1)		Celery Sticks 2oz (3 Sticks) w/ Ranch Cup (1)	
	Whole Grain (1oz)	WG Hamburger Bun 1oz (1) w/ WG Flaming Hot Baked Cheetos 1oz (1)		WG Pretzel Goldfish 1oz (1)		WG Tortilla Chips 1oz (1)		WG Hamburger Bun 1oz (1) w/ WG Garden Salsa Sunchips 1oz (1)		WG Giant Vanilla Goldfish 1oz (1)	
	Fruit (3/4 or 1/2c [1])	Mixed Fruit Cup 4oz (1)		Grapes 2oz (1)		Fresh Petite Banana 4oz (1)		Peach Fruit Cup 4oz (1)		Raspberry Crasins 4oz (1)	
	Chocolate (NF) Milk 8oz (1) or White 1% Milk 8oz (1)	White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)		White 1% Milk 8oz (1)	

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PLEASE POST MENU IS SUBJECT TO CHANGE 7/6/2026

CONNECTING KIDS TO MEALS

~~SNACK~~ JULY (Snack) 2026

Week 1			WEDNESDAY 1	THURSDAY 2	FRIDAY 3	SATURDAY 4
Whole Grain 1oz (1)			WG Annie Bunnies 1oz (1)	WG English and Spanish Crackers 1oz (1)	WG Cool Ranch Doritos 1oz (1)	WG Annie Bunnies 1oz (1)
Vegetable / Fruit 3/4 Cup			Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)	Paradise Punch 6oz Juice Box (1)	Apple 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)
Week 2	MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10	SATURDAY 11
Whole Grain 1oz (1)	WG Cheddar Goldfish 1oz (1)	WG Buffalo Cheez-It 1oz (1)	WG Annie Bunnies 1oz (1)	WG Chocolate Scooby-Doo Crackers 1oz (1)	WG Garden Salsa Sunchips 1oz (1)	WG Annie Bunnies 1oz (1)
Vegetable / Fruit 3/4 Cup	Orange-Tangerine 6oz Juice Box (1) Apple 6oz Juice Box (1)	Fruit Punch 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)	Paradise Punch 6oz Juice Box (1)	Apple 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)
Week 1	MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17	SATURDAY 18
Whole Grain 1oz (1)	WG French Toast Goldfish 1oz (1)	WG Cheeto-Cheese Puffs 1oz (1) WG Chili Cheese Sticks 1oz (1)	WG Annie Bunnies 1oz (1)	WG English and Spanish Crackers 1oz (1)	WG Cool Ranch Doritos 1oz (1)	WG Annie Bunnies 1oz (1)
Vegetable / Fruit 3/4 Cup	Orange Tangerine 6oz Juice Box (1)	Fruit Punch 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)	Paradise Punch 6oz Juice Box (1)	Apple 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)
Week 2	MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24	SATURDAY 25
Whole Grain 1oz (1)	WG Cheddar Goldfish 1oz (1)	WG Buffalo Cheez-It 1oz (1)	WG Annie Bunnies 1oz (1)	WG Chocolate Scooby-Doo Crackers 1oz (1)	WG Garden Salsa Sunchips 1oz (1)	WG Annie Bunnies 1oz (1)
Vegetable / Fruit 3/4 Cup	Orange Tangerine 6oz Juice Box (1)	Fruit Punch 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)	Paradise Punch 6oz Juice Box (1)	Apple 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)
Week 1	MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31	
Whole Grain 1oz (1)	WG French Toast Goldfish 1oz (1)	WG Cheeto-Cheese Puffs 1oz (1) WG Cheddar Chex 1oz (1)	WG Annie Bunnies 1oz (1)	WG English and Spanish Crackers 1oz (1)	WG Cool Ranch Doritos 1oz (1)	
Vegetable / Fruit 3/4 Cup	Orange Tangerine 6oz Juice Box (1)	Fruit Punch 6oz Juice Box (1)	Peach Fruit Cup 4oz (1) w/ Raspberry Crasins 4oz (1)	Paradise Punch 6oz Juice Box (1)	Apple 6oz Juice Box (1)	

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